

L E F A Y R E S O R T & S P A L A G O D I G A R D A

 LEFAY
RESORT & SPA LAGO DI GARDA



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LOCATION .

Lefay Resort & SPA Lago di Garda is located in Gargnano, one of the most picturesque villages on Lake Garda. The Resort is situated inside an 11 hectares natural park in the heart of the spectacular and renowned Riviera dei Limoni, surrounded by gentle hills and natural terraces rich in olive trees and woods overlooking the lake.

CONCEPT & MANAGEMENT .

Lefay Resort & SPA Lago di Garda, the first jewel of the Lefay Resorts Collection, partner of the prestigious Small Luxury Hotels of the World, has been conceived and realized according to the innovative Lefay concept of overall wellness, which embraces the entire holiday experience. A concept which can be found in the Resort's vital Mediterranean cuisine, in the wide indoor and outdoor spaces, in the beautiful surrounding nature and peaceful silence. The Lefay Wellness concept is also very sensitive to the environment. This is why at Lefay Resort & SPA Lago di Garda everything, from the interior design to the local materials and the building shapes were conceptualized and fashioned respecting the surrounding landscape and environment. Welcome to the new Lefay Luxury, a different holiday for anyone willing to look beyond things, who still wishes to be surprised and who loves to get lost and then find themselves again.



A C C O M M O D A T I O N .

N A T U R A R O O M .

The Guests Rooms at Lefay Resort & SPA Lago di Garda, are designed according to the Lefay Wellness concept in order to capture the beauty and the sensation of nature right into the room. Wide spaces, natural fabrics, precious materials including Italian marbles, olive tree and Italian walnut woods together with advanced technologies provide Guests with small luxuries, which give emphasis to great care and attention to details.



Prestige Junior Suite - 49 sq.m

Bright and spacious, our Prestige Junior Suites overlook the Lake Garda and offer precious moments of tranquility and wellness.

- Terrace or balcony with spectacular view on Lake Garda;
- Bio-climatization;
- Marble bathroom with bathtub, shower and separate WC and bidet;
- Wardrobe room;
- ADSL connection, mini-bar and safe;
- Satellite TV LCD 32".



Family Suite - 73 sq.m

Lefay Family Suite is the best solution for a holiday with your children or for those who need two bathrooms and two separate bedrooms within the same suite.

- Terrace or balcony with spectacular view on Lake Garda;
- Bio-climatization;
- Wardrobe room;
- Suite with 2 separate double rooms;
- Double marble bathroom with bathtub, shower and separate WC and bidet;
- ADSL connection, mini-bar and safe;
- Satellite TV LCD 32".



Exclusive Suite - 83 sq.m

Lefay Exclusive Suite is the best way to stay on Lake Garda. Guests will be able to satisfy their needs for great relaxation thanks to wide spaces and elegant interior design. Lefay Exclusive Suites have been designed to make you feel at the centre of a great emotion.

- Terrace with private garden or balcony with spectacular view on Lake Garda;
- Bio-climatization;
- Exclusive living room featuring the fashionable Italian furniture "Poltrona Frau";
- Spacious wardrobe room;
- Marble bathroom with private Jacuzzi with lake view, separate shower and double sink;
- ADSL connection, mini-bar and safe;
- Satellite TV LCD 32";
- TV LCD 42" with Hi-Fi system and Dolby Surround.



F O O D & B E V E R A G E .

L E F A Y V I T A L G O U R M E T .

Our cuisine Lefay Vital Gourmet dedicates particular attention to the Mediterranean diet thanks to local ingredients including organic extra-virgin olive oil, citrus fruits and local herbs accompanied by a selection of the best Italian and international wines.

Created around seasonal and high quality products, authentic Italian emotions and local flavors are reawakened.

For those who would like to get back in shape, Lefay Vital Gourmet offers a special light menu "La Leggerezza nell'Essere", a pleasant and enjoyable way to balance healthy eating without having to renounce the flavors and the genuineness of the exquisite Mediterranean cuisine.

L A G R A N D E L I M O N A I A .

The main restaurant "La Grande Limonaia" is situated on the upper floor of the Resort and offers a perfect setting for real Mediterranean food and wine experience with a spectacular view of Lake Garda.

A unique breakfast buffet is served and it is possible to enjoy delicious dinners in a scented lemon grove.

A careful selection of the best Italian and international wines will accompany the delicious dishes proposed by our Chef.

The logo for Lefay Vital Gourmet features a stylized green leaf icon to the left of the text. "LEFAY" is written in a large, green, serif font, and "VITAL GOURMET" is written in a smaller, purple, serif font below it.





B I S T R O T L A V I G N A .

The restaurant "La Vigna" is a picturesque "bistrot" of offering a wide selection of culinary dishes; during summer time, Mediterranean flavors can be tasted in the refreshing shade of the vines pergolas. In winter, typical Italian recipes can be enjoyed at the warmth of the fireplace.

B A R & S A L A C A M I N E T T O .

The bar is situated on the ground floor on a wide terrace, it is the perfect location to enjoy a cocktail or a soft-drink overlooking the stunning sunset and the spectacular view of Lake Garda, while listening to embracing piano notes. In "La Sala Caminetto" you may spend relaxing moments reading a book, playing with the board games at your disposal in the room or by simply wondering off with your sight onto the breathtaking surrounding panorama.

C I G A R L O U N G E .

The Cigar Lounge offers a complete selection of the best cigars and distillates from all over the world to be enjoyed with soft relaxing gentle tunes.

T I S A N E R I A .

Our Lefay SPA offers "La Tisaneria", a corner where one can taste our special herbal infusions "La Brezza e i Fiori" as well as refreshing vegetable and fresh fruit drinks.

P O O L B A R .

A unique and exclusive service, perfect for sipping a drink or an aperitif at the stunning Infinity Pool overlooking the breathtaking view of Lake Garda.



S E R V I C E S & F A C I L I T I E S .

L E F A Y S P A .

The SPA is the heart of the Resort: an exclusive temple of wellness designed to pamper the Guest and delight the senses. Lefay SPA welcomes you to an environment where the uniqueness of the individual and our most authentic emotions are rediscovered in order to bring inner peace and harmony. The 3000 sq.m facility boasts a Fitness Center, Private SPAs for couples, a unique sauna area, indoor and outdoor swimming pools and the surrounding park with specially designed tracks and areas for outdoor sporting activities.

Lefay SPA Method.

Lefay SPA together with a team of internationally recognized doctors developed an innovative and exclusive method, the Lefay SPA Method, which combines the principles of Classical Chinese Medicine with Western Scientific Research in order to ensure a secure and stable recovering of the vital energy.

Private SPA.

The Lefay Private SPA is a warm and embracing appointed secluded sanctuary for two, dedicated to the couple wishing to receive treatments together in total harmony for a unique experience.

Mondo Acqua e Fuoco.

This area includes all swimming pools: indoor and outdoor swimming salt-water pools (32 °C) and 25-metre outdoor swimming pool (28°). Five different kinds of saunas (Steam bath "Sauna Caligo", Bio sauna "Sauna dell'Ulivo", Aromatic sauna "Sauna degli Aromi", Finnish sauna "Sauna Acqua e Fuoco" and "Lady Sauna"), the whirlpool Fonte Roccolino (36°), a Kneipp path, the Crash Ice Fountain, the salt-water lake "La Luna nel Lago" and the three relax areas: the relaxation grotto "La Grotta Turchese", the relax Lady Area and the relaxation veranda with over view of the entire Lake Garda.

Natura e Fitness.

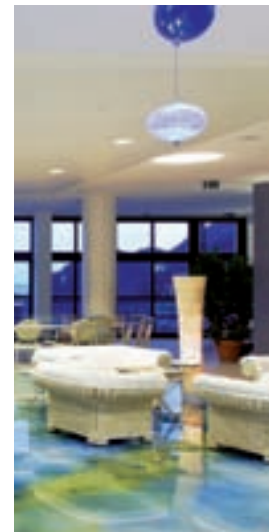
The area "Natura e Fitness" consists of a full-service Fitness Center with the most modern Technogym training equipment and an exercise room for courses like cardio fitness, postural gymnastic, body tonic, and physical activities under the constant assistance of our expert personal trainers.

Nel Silenzio e fra le Stelle: Trilogia nell'Aria.

Outdoor activities are a vital part of the Lefay SPA Method. On this account, the Resort offers within its wide natural park of 11 hectares, a running circuit (2.5 Km), a fitness path including outdoor exercises and the energy and therapeutic path composed of 5 therapeutic gardens, which represents the 5 seasons of life according to Chinese Classical Medicine. These outdoor wellness paths are rich in symbolism and impregnated with archetypal meanings. They have the function of satisfying our primordial need of re-entering in contact with nature.

Beauty Treatments.

The SPA also offers treatments for ladies and gentlemen including personalized and advanced facials, manicures, pedicures etc. Hairdresser service is available upon request.



L E F A Y S H O P .

Within our Lefay SPA, guests will be able to purchase a carefully selected range of natural and luxurious face and body Lefay SPA products, a selection of the Thalgo face and body products and the renown French cosmetic line Char me D'Orient, the Lefay SPA herbal infusions "La Brezza e i Fiori" and an assortment of gift items for your enjoyment including the organic extra-virgin olive oils selected for you by Lefay Vital Gourmet.

P A O L I N O ' S C L U B .

Lefay Resort & SPA Lago di Garda welcomes our youngest Guests at the Paolino's club; the mini-club which offers many activities, games and entertainments dedicated to young children from 3 years of age onwards. Service daily available.

M E E T I N G R O O M .

Lefay Resort & Spa Lago di Garda offers to our Guests a Meeting Room with a capacity of 25 individuals, ideal for business meetings, presentations etc. The Meeting Room is fully equipped, including a video projector, screen and ADSL connection.

A C T I V I T I E S F R E E O F C H A R G E .

Access to "Mondo Acqua e Fuoco"

"Natura e Fitness"

"Nel Silenzio e fra le Stelle: Trilogia nell'Aria"

Indoor and outdoor Fitness courses such as:

Qi-Gong

Energy stretching

Cardio-fitness

Postural Exercises

Outdoors nature trekking paths

Bikes rental

O T H E R A C T I V I T I E S .

Personal Trainer

Local excursions

Golf

Tennis

Transfer service

Exclusive transfer service

S U R R O U N D I N G S .

Lake Garda

Gargnano

Salò

Vittoriale degli Italiani

Verona's Arena

Parco dell'Alto Garda (Alto Garda Natural Park)





D I R E C T I O N S .

- Highways: A4, exit Desenzano del Garda, follow Salò in direction of Riva del Garda.
- Distance from the Highway exit Desenzano del Garda 35km
 - Distance from the Airports:
 - Brescia : 47km
 - Verona : 88km
 - Milan Bergamo: 98km
 - Milan Linate: 150km
 - Milan Malpensa: 183km
 - Venice: 214km
- Train: Train Station Desenzano del Garda (37 km)

C O N T A C T S .

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